

Chap. XVI] GOD'S LOVE TO INDIVIDUAL SELVES.
321

all are of His own ordering. Not merely in
the larger concerns
of the world's destiny but in the minutest
details of every
hour of every day of each life is He present.

To recite a few within the experience of
every one of us.

It is He that wakes us all, calls the heart to
utter His name
and sing His praise at the break of day,
takes us out to enjoy
the cool morning breeze, bathes us in
refre~~sh~~^{ng} water, the
. direct man~~if~~^{est}ation of His Love, and gives
us our'daily food,
the direct embodiment of His grace. It is He
that animates
and bestirs our hearts and guides and
cheers us in our struggles
and conflicts with the temptations of life
and keeps us under
a most loving and unweari~~ed guardianship
during the day.~~

He makes us eat. We could not see our food
unless

He showed it as the eye of our eyes, as the
Rish~~is~~^{is} say. Not

a particle of food could exist unless He
made it possible

and supported it.. And unless He infused
strength into our

body moment by moment, our eating,
drinking and all

other acts would be impossible.

He himself exists in our body and controls
the pand~~m~~^m

or five pran~~as~~^{as}. It is of His own activity that
food is digested,

blood is circulated, res~~pi~~^{ra}tory and other
functions of the

body are performed. Here is a bald interpretation of what is, in truth, 'His daily and hourly ministering with a motherly hand unto the needs of our physical self and through the physical frame help also sustain the non-physical faculties and powers. This fact—the involuntary and unconscious action of our internal organs, the intestines, the liver, the heart, the lungs, etc., and the preservation of the body thereby—a fact the significance of which escapes us on account of its familiarity, is alone sufficient to fill us with gratitude, if we ponder over it.

Ever related to the body and the mind, He accompanies us wherever we go and saves us from the innumerable dangers which we encounter in our daily life.